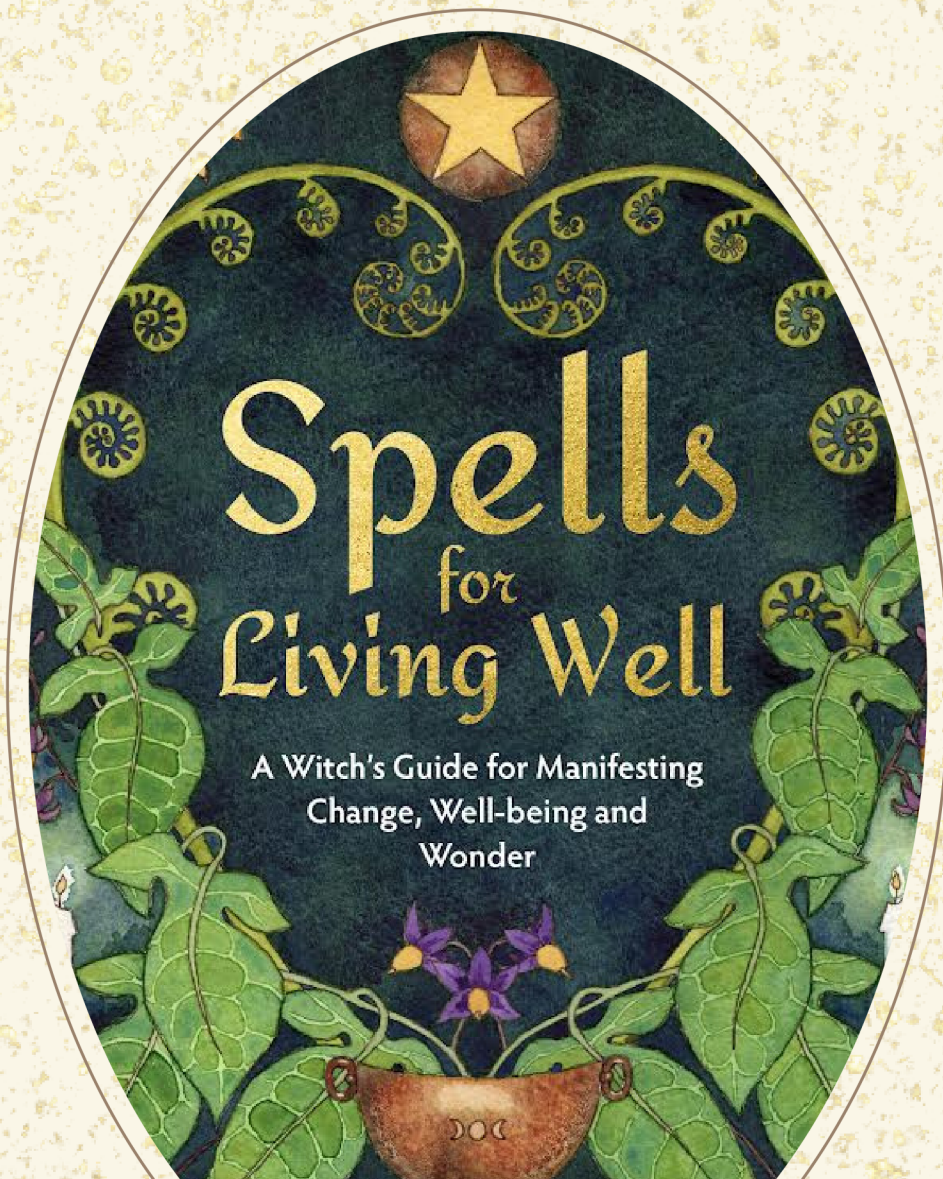


SPELL FOR LIVING WELL

FROM SPELLS FOR LIVING WELL: A WITCH'S
GUIDE FOR MANIFESTING CHANGE, WELL-
BEING AND WONDER
BY PHYLLIS CUROTT



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You'll need

~ A starry night

Cast your spell



1. When the night sky is clear, go out and stand beneath the stars.

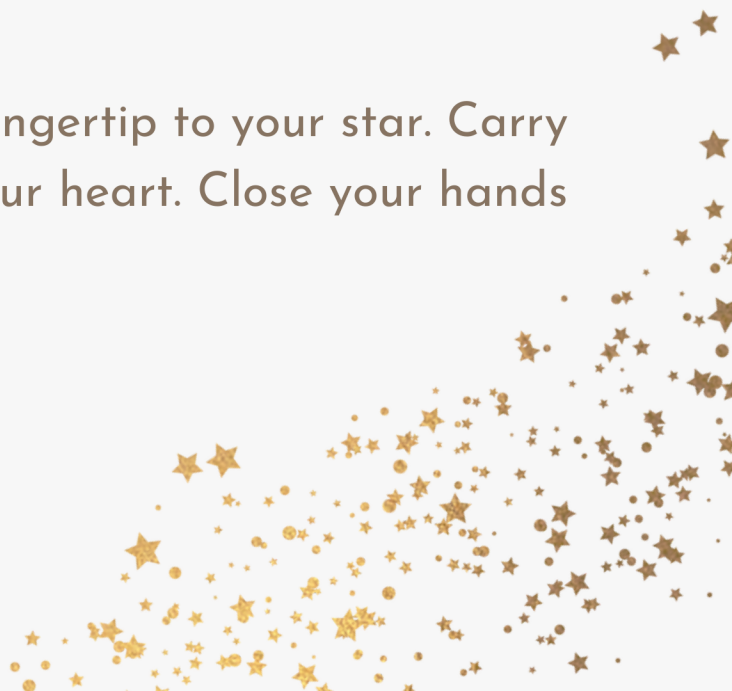
2. Make a wish upon the first one you see.

3. Reach your arms out and spin and dance and feel your power to make your wish come true. Feel the magic.

4. Feel the divine power of Creation spinning above you, beneath you, through you. Everything is dancing. Dance until you're breathless.

5. Now reach up and touch your fingertip to your star. Carry its brilliant light down and into your heart. Close your hands over your heart.

6. Chant the Spell for Living Well:



I am starlight shining in the world as I walk.

I am chanting the spell of living well.

I am ancient dust and Water walking,

I am chanting the spell of living well...

7. Continue chanting. Feel the magic working within you.

8. Chant until the magic reaches the furthest stars above you. You are Life embodying Spirit. You are the love spell cast by Creation. You are magic.

9. When you're ready, thank the stars that light the path before you—into yourself and into the world. Thank Mother Earth for giving life to Spirit and to you.

10. Go inside, drink some Water, go to bed, and when you wake up, live well.

11. Your spell is cast...

Act in accord

Manifest your magic. Carry your starlight, your love and wonder, into the world and live well..